

The Follicle Rejuvenating System Directions



This is an all natural system like no other on the market today. This formula was designed to help with follicle damage which causes thinning hair, dermatitis, alopecia, and other scalp problems. The formula consists natural herbs and essential oils that in combination are designed to wake up and flush the follicles of the damaged scalp area to promote new hair growth. It has been proven to be effective on many people who have suffered from these symptoms. In conjunction with the scalp treatment, you must start drinking lots of water, eating better, as well as taking overall better care of your health.

This is a 2 to 6 month process that will gradually heal the hair follicle. The Hair Care Company® Clarifying Shampoo is sulfate free. Just ridding your scalp of that may stop irritation, itching, and other scalp problems. Research shows sodium laurel sulfate and ammonium laurel sulfate can cause skin irritation, for this reason it is removed from our shampoo.

After shampooing the hair and scalp, apply Instant Daily Conditioner to the hair and comb through to keep the hair from drying out. For deeper conditioning, Cuticle Sealer and Reconstructor can be used. Next, The Follicle Rejuvenating formula is applied to the affected areas and massaged into the scalp vigorously for 3 to 6 minutes. This product is very concentrated, a little goes a long way. Place a plastic cap over the head and sit under a heating cap or hair dryer on med/high heat for 20 to 30 minutes. This is a natural product designed to wake up the follicles, so the product **MAY BE HOT!** If you cannot take 20 minutes the first time, **DO NOT FORCE IT!** You can eventually work up to 20 minutes. After the allotted time, rinse hair and style as usual. Twice a week, massage a small amount of Vitamin Booster to the treated area before bed.

Before or about a month to 6 weeks (for weekly treatments), or 8 to 12 weeks (for bi-weekly treatments), your scalp will feel tender, may bump, and start to itch. This is a sign of healing. **DO NOT SCRATCH!** Use a rubber tipped brush to massage and stimulate the scalp. Healing of the scalp has begun to take place, and new hair growth will begin. Remember, the scalp will be tender and itch, so carry and use a rubber tipped brush.

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The Hair Care Company® A New Approach To Healthy Hair!

www.TheHairCareCompany.org

