

**So You're Seriously
Considering A Life Partner ...**

**... Well Before You Commit To Them,
How Do They Measure Up?**

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Are you at the stage of your life where you're seriously considering settling down with a life partner?

Have you thought of what your minimum requirements and preferences are in choosing a partner?

Some of the most common things that people want in their partners include honesty, stability, intelligence, communication, intelligence, common sense, a sense of humor and shared hobbies and interests.

Though different people value different qualities in their partner there are some essential, must have qualities needed in a healthy, long-term relationship to help ensure that it endures and flourishes.

If you and your potential life partner do not share the same views on all of the items listed below, you may want to think twice before taking your relationship to the next level and committing to them.

Find out how they measure up. Just check off the qualities/values you share. See which ones are lacking. Then decide for yourself if the relationship is worth taking to the next level. Here is the list of some of the most important, essential items to review:

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- Trust.** Trust is the foundation of a relationship. All relationships are built on trust. Without trust, you have nothing.
- Respect.** Having respect for your partner shows your appreciation of them, admiration and recognition of their self-worth.
- Fidelity.** Being faithful and true to your partner and that they're the only one for you and will only strengthen your bond and connection with them.
- Integrity.** The ability to always be honest not only with yourself but with others and each other is a sign of a healthy relationship where there is no room for games to be played about your wants or feelings.
- Character.** Your character is shown by your behavior, actions, words and personal value system. Strong character will inspire confidence and respect from your partner.
- Friendship.** Friendship in a relationship is based on mutual respect, the fun and enjoyment shared and your shared values. Always be friends first.

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- Communication.** Good two way communication requires a significant effort, effective listening and active involvement by both partners.
- Faith.** Your strong faith and spiritual outlook on life is essential in difficult times, especially when you have no control over life's challenges.
- Love.** Love is all encompassing. Unconditional love is accepting your partner's faults and weaknesses and loving them for who they are as a person. Your love for one another can deepen, flourish and endure when you consistently work at it together as a team.
- Life's Ambition.** It's important to share the same relative life-long ambition, vision, common purpose, passion and goals for you to plan, dream, work and build a life together as a team.
- Sex.** Having the same views towards sex, intimacy and pleasure means you are both sexually comfortable with one another. It all starts in your brain and your mind.

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- Sense of Humor.** Being able to laugh at yourself and at situations in life will help you maintain a proper perspective while dealing with delicate, sensitive issues that arise from time to time. A good dose of a healthy sense of humor can undoubtedly ease tense moments that arise in a relationship.

- Money.** How we view money can either cause distress in our relationships or it can enhance them. Your ability to be on the same wavelength and having the same philosophy as your partner regarding money goes a long way in a relationship.

- Personal Growth.** Eliminating emotional baggage, working on weaknesses, having personal goals for self-improvement and learning how to be a better person, growing and evolving as a person will only contribute positively to a relationship.

- Emotional Openness.** Being aware off and having the ability to freely express and share your feelings with one another indicates a relationship where emotional intelligence is an important part of your partnership.

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- Maturity / Responsibility.** Being financially responsible, taking care of your family, home and each other. Keeping your word, being punctual and not letting people down in your lives. And lets not forget respecting your boundaries, values, feelings and time.
- High Self-esteem.** Someone who loves themselves, feels good about who they are, takes care of themselves, feels self-worthy and doesn't allow others to mistreat or walk all over them is someone who will be a good partner for anyone.
- Positive Attitude Towards Life.** Someone who views problems as challenges, focuses on solutions instead of problems, turns obstacles into opportunities and sees the good in people and situations.
- Giver.** A thoughtful, considerate individual who has a giving heart and is a giver instead of being a taker. Someone who is sincere, genuine, caring and puts others ahead of themselves and has a pure heart of gold.
- Family Life.** Someone who has got out of their system of hitting the bars, late nights out and drawn to

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the night life. They're now ready to settle down for family life at home.

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Remember to Live Love Laugh and Be Happy!

I wish you every success in your journey through life.

Thank You !

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