



Katarokwi Indigenous

Day of Wellness

Community Wellness Starts With You!

Friday, October 27, 2017

Kingston Community Health Centres

263 Weller Ave.

1-7 p.m.

FREE ADMISSION!

For more information or to register a booth, contact:
cancercares@kgh.kari.net OR 613 544-2631 ext. 3874



www.facebook.com/community.wellness.starts.with.you



**Open to all walks of life!
Bring your drum and feast
bundle!**

Event Includes:

- ◆ Traditional Indigenous Foods
- ◆ Sacred Fire
- ◆ Reflexology
- ◆ Seer
- ◆ Wellness Booths

