



Katarokwi Indigenous Day of Wellness

Community Wellness Starts With You!

Friday, October 27, 2017

Kingston Community Health Centre
263 Weller Ave.
1-7 p.m.

FREE ADMISSION!

For more information or to register a booth, contact:
cancercares@kgh.kari.net OR 613 544-2631 ext. 3874

[www.facebook.com/
community.wellness.starts.with.you](http://www.facebook.com/community.wellness.starts.with.you)



**Open to all walks of life!
Bring your drum and
feast bundle!**

Event Includes:

- ◆ Traditional Indigenous Foods
- ◆ Sacred Fire
- ◆ Foot Care
- ◆ Reflexology
- ◆ Seer
- ◆ Wellness Booths

