

Blueberry Corn Cobbler

You will need:

1/3 cup milk

egg

2tbsp melted butter

1/2 tsp salt

1/4 cups white corn

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3/4 cups of honey or

maple syrup
cups blueberries

RECIPE BY ABORIGINAL NUTRITION NETWORK

Directions:

- 1. Preheat oven to 375°F.
- 2. Beat the milk, egg, butter, and salt in a mixing bowl.
- 3. Add the corn flour and 1/2 cup of honey, stirring well to break up any lumps.
- 4. Spread the berries in the bottom of a 9-inch baking dish.
- 5. Drizzle the remaining honey/syrup over the berries.
- 6. Drop the batter by the
- tablespoons over the berries.
- 7. Bake unit the crust is golden brown and the berries are bubbling (about 30-35 mintures).