

CELEBRATING WOMEN WHO MAKE A DIFFERENCE

iDOMINATE

Speakers Magazine
APRIL 2022

**MEET THE
PHENOMENAL
WOMEN OF 2022**

Women who impact, inspire,
and dominate in their Genius

**THE LEGACY OF
PHENOMENAL WOMEN**

**HOW TO
LEVERAGE
LIFE CHANGES**

SISTERHOOD

The incomparable

**IYANLA
VANZANT**

**WHERE LIVE EVENTS ARE
GOING POST-PANDEMIC**

CONTENTS



**09 THE INCOMPARABLE
IYANLA VANZANT**



02 PHOENIX TITAN 100
Please help our team
CONGRATULATE Dr. Will
on his latest nomination.



59 SISTERHOOD
Find out how these 4
women have managed
to do life together for
over 20 years.

IN THIS ISSUE:

01 EDITOR'S NOTE

Dr. Will Moreland shares how his grandmother, Dr. Polly A. Gray influenced his life and gave him a firsthand look at the power of a Phenomenal Woman.

05 WHERE LIVE EVENTS ARE GOING POST-PANDEMIC

Gain insight from one of the top speakers in the country regarding the direction of the speaking industry post-pandemic.

07 THE LEGACY OF PHENOMENAL WOMEN

Dr. Marci Batiste discusses the importance for young women to be able to see women in roles of leadership making a difference.

**12 FEATURE
MEET THE
PHENOMENAL
WOMEN OF 2022**

62 HOW TO LEVERAGE LIFE CHANGES

Get the blueprint for managing and leveraging life changes, even when they're unwelcomed.

64 CONTRIBUTING AUTHOR SPOTLIGHTS

Gain insight and inspiration from our April Author Spotlights featuring:

- Troy Carroll, *Inside Out Evolution*
- Caden Harris, *Caden Teaches Finance*
- Dr. Michelle Sturgis, *Sturgis Exec. Training & Consulting*
- Peshon Allen, *Women on the Move Podcast*
- Dr. Mary Wanjiku Gichuhi, *Mary Gichuhi Speaks*
- Dr. Sean J. Harris, *The Thousandfold Group*
- Halona Black, *Content Marketing Expert*



INFO@MORELANDTRAINING.COM



WWW.DRWILLSPEAKS.COM



Meet the
Phenomenal
Women of 2022



Introducing

**Altovise Douglas
Amy Blake Hardison
Angel Rich
Angela Hughey
Dr. Avis Jones-DeWeever
Dr. Betty Speaks
Dr. Bridget Tarkington
Carolyn Harris-Delano
Ceretta Smith
Cheryl Snapp Connor
Dr. Cheryl Wood
Christie Ellis
Dr. Constance Craig-Mason
Debra Bateman
Denise Meredith
Diana Gregory
D'yann Crosby
Eleanor Beasley
Erika Amoako-Agyei
Farah Delance Linot
Gabriela Chaidez
Dr. Isaura Gonzalez**

**Isha Cogborn
Joanna de'Shay
Joyce Dodson
Kehli Berry
Kennedi Harris
Dr. Kristie Moreland
Lanika Johnson
Lynette Joseph
Melinda Emerson
Natasha Finister
Nicole Jansen
Nicole Stanton
Nicole Swain
Pamela Slim
Sabrina Lamb
Dr. Sarah Langley
Sharise Erby
Sharon Lechter
Sheryl Grant
Susan Lindner
Tamika Michelle Johnson
Tasha "TC" Cooper**

THE PHENOMENAL WOMEN OF 2022

Dr. Cheryl Wood

Dr. Cheryl Wood is an International Keynote Speaker, 2x TEDx Speaker, 18x Best-Selling Author and Executive Speaker Development Coach who specializes in empowering and educating women globally to boldly unleash their potential in the world, share the power of their story, and fearlessly soar in their unique lane of brilliance.

She transparently shares her own journey of ditching the corporate rat race and building a Million-Dollar speaking empire. Dr. Wood has been featured on ABC, Forbes Magazine, Huffington Post, ESSENCE, Black Enterprise, Rolling Out, Sheen Magazine and Fox 45 News, and has delivered keynotes for NASA, Verizon, Capital One, The United Nations, the FBI, the Congressional Black Caucus, and The PowerNetworking Conference.



THE PHENOMENAL WOMEN OF 2022

Tasha "TC" Cooper

Tasha (TC) Cooper is a personal executive coach, attorney and consultant for doing business online. She's also a believer who lives by her mantra – Nothing is impossible when you consistently exercise your faith, focus, and flow.

TC founded FaithFocusFlow® Institute to help creatives and executives build kingdom classes businesses in diverse marketplaces based on biblical business principles and profitable practices. Her bible-based business books and ALIGN Productivity Planner are used around the world in churches, non-profits, and business coaching programs.

She is also the founder of FaithFocusFlow® Lifestyle - a popular Christian apparel brand. You can learn more about TC at <http://www.CoachTC.com>.



The Legacy of Phenomenal Women



Healing, growth, and personal development are some of the most frightening but rewarding personal journeys you can set sail on.

As women we tend to let life happen to us. In most cases, the major side effect is that we lose our own identities. We accept what's given to us without permission or complaint. We become what "they" expect without regard to our own feelings.

Believe me when I tell you that it is possible to reclaim your identity. You can achieve harmony and define what happiness is for you.

As a domestic violence champion, the biggest lesson I learned on my healing journey was the significance of knowing who I am as an

individual, a woman, and a partner.

Achieving clarity in those three aspects of life allows you the freedom to walk away from people, places, and things when they no longer serve your greater good.

Be confident about who you are and understand that most people will not be equipped for that reality.

Communicate your boundaries and be unapologetic about them. You don't have to explain to anyone why you establish the boundaries that you do. However, it's important that you understand your why so that you can stand firm when they are challenged

And they WILL BE CHALLENGED!

The fact is that your circle gets smaller as your vision becomes clearer. That's because a lot of people claim they want to be surrounded by strong women. They assure us that a woman who knows who she is and what she wants is attractive. Unfortunately, that sounds good until they're faced with all what comes with that.

Be prepared to say farewell because the majority won't be mature enough to handle that reality.

Selling out to your success and happiness won't be easy but it will be worth it! As women, many of our life lessons are learned the hard way because there was no one to educate, encourage or empower us.

You used to have to look really hard to find women being recognized on the merit of their accomplishments alone, despite the overwhelming number of women making grand contributions to the world. The outstanding group of women recognized in this issue are making sure that the young women who come up after them have plenty of role models.

It is an honor to be a part of this issue of iDOMINATE and to recognize these beautiful souls.

None of these women are Super Women. They are mothers, daughters and sisters. Some are community leaders, entrepreneurs, corporate professionals, each have successfully carved out their place in this crazy world and have set powerful examples of what we as women can do. They are everyday women like you who are doing super things.

They are in fact Phenomenal Women.

I hope you are as inspired as I have been as you read their stories.

The Incomparable

IYANLA VANZANT



**ICON
GURU
SAGE
HEALER**

Her smile is infectious. Her wisdom, unmatched. Her heart is as big as the Grand Canyon. One of my favorite quotes from Iyanla Vanzant, and I even hate to call it a quote, because it is so much more powerful than just a quote, her words are like healing antidotes for the heart and soul. But these words she shared ministered to me at an exceptionally low point in my life:

“Everything you have done and been through is valuable and important. In order to be who, you are, to know what you know, to be where you are in this moment, you needed to go through what you went through.”



When I read those words, I learned to embrace the place I was in, and I learned that I needed to learn a lesson in that very moment.

At that point, I had never met Ms. Vanzant and I had never really followed her work. Yet somehow her words and her wisdom had a profound impact on my life and my heart. As God's grace would allow it, some years later, I would have the opportunity to meet Ms. Vanzant and share with her, how meaningful her words had been to me.

Sisterhood



By Dr. Will Moreland

They say if you can find one good friend in life you are lucky, if you can find two, you are fortunate. Don't push your luck pass that. However, these four friends have struck friend gold. Kristie, Altovise (AJ), Lynette and Joyce met while living in Germany, three of the ladies were serving in the military, while Lynette was supporting her husband who was an Army Officer.

Their relationship started while attending the same church, and they credit their strong faith and values as why they have lasted so long as friends. The four ladies also attribute their common bond as wives and mothers to the success of their

relationship.

Their friendship is now approaching 20 plus years. Kristie and Lynette began their relationship because their husbands were friends and would invest almost every weekend together. It was just natural the two would bond and connect. Lynette had her first daughter November 13; Kristie would follow the next year and have her daughter November 19. Creating the next legacy of friendships between the two God sisters.

AJ and Joyce would join the party a few years later and they have been hanging together ever since.

