

PRESS KIT



JOYAN CHAN

AWARD-WINNING COACH
INTERNATIONAL SPEAKER & PODCASTER




Joyan Chan is an outstanding leadership award-winning coach, international speaker, and podcaster.

In her mid-20s, she was depressed and suicidal. She turned her life around and became the woman she is today. Today, the heart of her work is centered on helping female leaders and entrepreneurs to gain unshakable confidence, clarity and courage to live and lead a life with joy.

Her years of experience as a young lecturer, team leader and business owner has enabled her to develop a keen sense of what it takes to become a confident, visible and influential leader in today's world.

Her journey has inspired her to create a tested roadmap that she takes her clients through to accelerate their confidence, visibility and grow their impact.

Joyan has been featured in numerous magazines, publications, shows and has spoken at many industry events. In early 2022, Joyan was named a successful person in her home country by Britishpedia, she said, "because I took the courage to take the path less taken."



Who is Joyan Chan?

[Click here to watch Joyan Speaker Reel](#)

"A powerhouse of courage, inspiration and authenticity."

-Roxana Popet, Founder of Step On Your Fear

**"Listen to her words of wisdom, depth of experience
and taking control back of her life."**

-Able Wanamokok, Tedx Speaker, Asia Women Leader 2019



As seen on Podcasts:



Corporates & Industry events:



A member of **UEM Group**



Keynote Speech
30-min talk
"The Art of Living & Leading A Life with Joy"

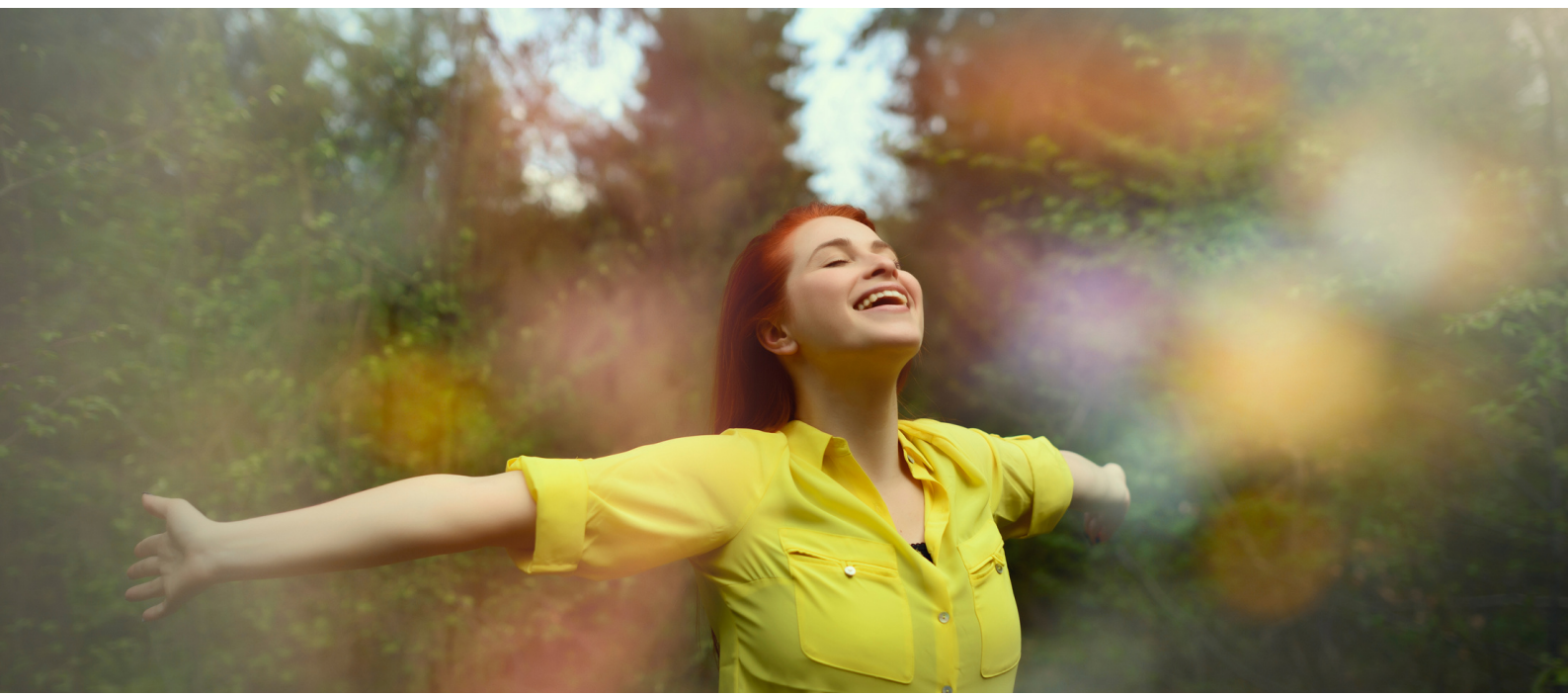
Even with the best of intentions, before we know it, we find ourselves moving mindlessly through life. We go through the motions, taking care of obligations, inhabiting habit patterns, and meanwhile longing for a time when the to-do list is empty. Our minds are caught in mental whirlwinds while we are missing out on what is already here.

We feel separate, lifeless, and question what is life all about?

What brings you joy? What brings you here? The question seems simple enough, but when was the last time you really considered it?

Joyful living takes commitment. It asks us to be awake and aware in the moments of our lives. It invites us to stem the momentum of our habits so we can reclaim inner peace, appreciation, wonder, awe, presence.

Do you want to master the art of living and leading a life with joy? I will share with you how to carve out your own path of happiness and fulfillment, and the seeds of joy will flourish endlessly.



Motivational Speaking

1-hr talk

"The Power of Your Self-Image"

Have you tried many different types of weight-loss, bought many different courses, watched a tons of videos and still nothing changes? Have you ever learned something new, read a book or go for an event and get very excited to apply what you learned but somehow the results just don't last?

Few weeks later, you found yourself going back to exactly where you were before - your comfort zone. At the end of the day, nothing changes. It's the same as setting new year's resolutions. It's exciting to set them on the first day of the year but most of the time, we don't make them happen.

Are you wondering why you struggle to have the breakthrough you have been waiting for long?

In this session, I'll show you the power of your self-image and how it is shaping your entire life so you will understand why we do what we do and how to achieve lasting changes and results in all areas of life.



Entrepreneurship Mindset Training

2.5 hr program

"How to Think Like An Entrepreneur"

Success starts with your mind because how you think dictates the results you will get. Our mind is our most powerful but often underused resource. Mindset is the significant factor impacting a person's success, whether personal or professional. So, we must learn how to master it.

You need to develop an entrepreneurial mindset to overcome the challenges facing new and growing businesses and propel your organization forward. This program will teach you how to think like an entrepreneur and apply this mindset to every facet of your life. No entrepreneurship, technical, or business skills required.

What you will learn:

- Understand what drives an individual to succeed
- Why mindset mastery is important in ensuring success
- The two different types of mindsets
- Learn an entrepreneurial approach to work and life
- How to deal with challenges & obstacles
- How to think creatively about problems
- Success Habits (Life Hack)



Build Your Authentic & Irresistible Personal Brand

2.5 hr workshop

Wanting to increase your visibility? Thinking about reinventing yourself? Looking to get more opportunities? In this workshop you'll get to build your authentic and irresistible personal brand so that you become confident wherever you go, make networking easy, stand out and set yourself up to become the authority in your field.

This workshop is designed to help you strategically package yourself and communicate your unique strength and value to your organisation and present yourself with absolute confidence in any situation. A strong personal brand says who you are, what you do that open doors to massive opportunities and ultimately resulting in career acceleration.

What you'll learn:

- Identify what differentiates you from the rest
- Understand your unique strengths and core values
- Build an impactful presence & positive first impressions
- Master the 'know, like, trust' factor
- A 5-step framework for storytelling
- Effective networking and speaking techniques





Interview Questions for Joyan:

- How did you come into doing the work that you're doing today?
- How are you helping other entrepreneurs to succeed?
- You went from depression to becoming empowered. Can you share some of your lessons?
- What does self-image mean, and how does it empower people?
- How to stand out in a crowded market by being unapologetically your authentic self?
- How can we live the life we want without worrying about other people's opinion?
- How to find the purpose in your pain and turn your mess into message?
- Why should people share their story?
- How can we reconnect to our true authentic self?
- How can we find more joy in our life?

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