

Personal Reflection Exercises...

I am Decisive



I am decisive.

There are sometimes decisions that I am challenged by but I avoid feeling consumed by them. **I make my best decision based on the information I can gather and accept the outcome of whatever route I choose to take.**

My life is a gift to me and one that I am committed to using wisely. Each day is an opportunity to make choices that are beneficial for me.

I avoid allowing external influences to change my perspective on what is important.

Being able to close one door in order to open another is easy for me. When I make a decision, my practical decisiveness allows me to think with my mind instead of with my heart.

I am committed to a personal goal. My ability to achieve it relies on how readily I am able to disconnect when necessary.

Thinking on my feet allows me to achieve more. It eliminates the time that doubting takes up.

Being quick to make a decision means that I reserve more time to actually achieving goals.

Today, my time is spent on doing instead of thinking about doing. Life is rewarding when I think quickly and act authentically. I live a life free of regrets because I follow my mind instead of the millions of views of the outside world.

Self-Reflection Questions:

- 1. What kinds of decisions do I find more difficult to make?**
- 2. What thought process do I undergo when making a tough decision?**
- 3. How does my decisive nature connect to my ability to achieve great success?**