

**What you are
about to see
changes people**



Keynotes, Workshops & Programs
Guidebook 2016 & 2017

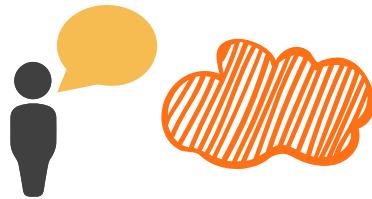


GO ON TURN THE PAGE...

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Senior Leadership Development

Keynotes | Workshops In-Depth Programs



for senior leaders, executives,
achievers & influencers

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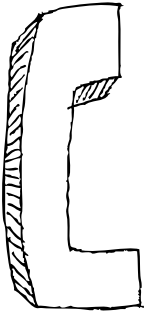
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Aw shucks...



‘What an incredibly amazing experience to witness Suzanne’s recent keynote speech at BOMA Hawaii Leadership Symposium, “The Impact of Genuine”. Thank You!’
Vice President of Operations at Shidler Pacific Advisors

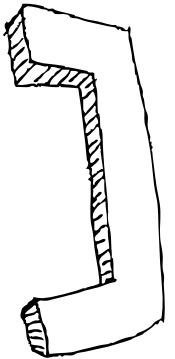


‘There are not many people who truly put their heart and soul into everything they do, but Suzanne is one of the rare few.’
Executive Manager YMCA



‘Suzanne connected with us in a very authentic way, and we’ve had fantastic positive feedback from the people who attended.’
RAC People Capability Manager
People, Change and Innovation

‘Suzanne’s generosity of spirit and genuine willingness to assist and support development of talent is rarely found. Despite the tyranny of distance she is a go to for me. Attendees rated Suzanne at 4.9/5.0 - energy, humour, passion, creativity and professionalism all in one package.’ CEO at Auscontact Association





About Suzanne Waldron (M.A. Coaching, MANLP, ACC, FAIM)

Suzanne's ability to work with leaders at a deep level, and quickly, sets her apart in her field of behavioural change. She provokes critical and generative thinking that impacts her clients, causing long lasting inner change. Whilst Suzanne knows her human behavioural change qualifications are important, it's the life lessons she's learned along the way that equally qualifies her.

Having had a difficult life for many of her earlier years such as living with a foster family, becoming homeless at age 15, it's these experiences and lessons that inspired Suzanne to find the peace, happiness and success that she enjoys today. Suzanne is the published author of *A Flourishing Mind*, the book tells her powerful story with poignant learning's and messages that brings real change in the minds of those who read it.

Suzanne's research through her own Masters Degree in Coaching, enabled her to find a model of excellence that shows how leaders really can lead beyond themselves, and uncovers psychological determinants to support this type of leadership. Suzanne spent many years working in organisational development and change, facilitation and coaching, and has a vast understanding for the humanistic business world she works within.

R U OK? is an organisation that Suzanne devotes her time to. She is an ambassador, and spreads the messages of meaningful conversations at work and life, to save a life. She has also been recognised for her contribution to her profession and community as a nominee for Western Australian of the Year 2016 and Business News 40 under 40.

Her qualifications include: Masters Degree in Applied Coaching (merit) Internationally Accredited ICF Coach, Internationally Accredited Master NLP Practitioner, Certified Supervisor Coaching and NLP, Advanced Diploma of Management.

Let's get personal ~ Why I do this

Are you ready to hear it? It's deep and meaningful...



When I think back to my parents and their lack of exposure to both education and personal insight, I see people who had very limited exposure to the richness of experience available to them. This resulted in highly emotional work and home lives, with lots of drama and negative experiences of many kinds. I don't want that for anyone. Though I believe there is a particular group of people in our society who need to be the most effective, and they are our leaders.

Leading and being with people doesn't have to be hard.

I'm not concerned with things; I'm concerned with feelings. Emotions make humans tick, and our leaders who are emotionally humming, impactful and influencing those around them, progress our society through people and action. I want to see lives that are worth living, work that is stimulating, steeped in the reality of life's ups and downs and sometimes-hard work! Polarity is real, and the more leaders can engage with all aspects in their existence the more effective they will be. When I help senior leaders to say what they mean, empathise and connect with others to make outcomes happen - then my job is done.

'I wholeheartedly believe in growing the capacity of personal insight to allow in new information which gives us options, possibility and choice. Working on this with senior leaders and high achievers, absolutely motivates me. To get to stand behind a powerful influencer, who touches the lives of others, is a great honour.'

Who I work with and why

I gravitate toward people who have some 'oomph' about them. I enjoy leaders and achievers who have bold aspirations and dare to extend themselves and their minds. I thrive on a good dose of challenge in my work.



People who want to explore and understand the depth of what I communicate motivate me. I enjoy a good critical question that takes us deeper into knowledge and exploring! I feel it's important to be inspired by my clients and those who give me a run for my money are my kind!





EVENTS & CONFERENCES

LET THE INSPIRATION BEGIN



Keynotes

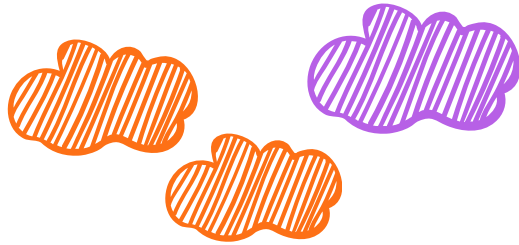
30-90 minutes

Keynotes are a wonderful way to energise people and grow exciting ideas of change. Suzanne is regularly booked for various topics relating to genuine leadership and behavioural change in the workplace.

As a leadership & behavioural change specialist, it's Suzanne's goal in every keynote and indeed, every interaction with her, to evoke positive change. Her skill to move an audience's thinking is highly energetic and purposeful. There is always an outcome in mind (pun intended!) in conjunction with the organiser's intent for their audience.

Suzanne will lead participants through her talks to a new thought, feeling, decision, consideration, learning or commitment relevant to the theme of the event. When Suzanne is booked for a keynote, she will delve deeply into the context of the event, and really get to understand the audience's needs.

Suzanne specialises in speaking at large scale industry conferences, large in-house company conferences and smaller, more intimate senior leadership retreats and events.



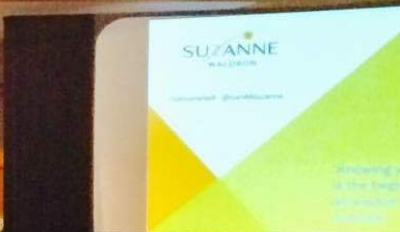
Keynotes

(cont'd)

The keynotes have very specific frameworks and content, and are then further moulded to fit the key messages and needs of the people she speaks to, ensuring a meaningful learning and entertaining experience!

Suzanne researches thoroughly and includes all pre-event design meetings over video conference or face to face, as well as attending the whole conference day she is speaking at, to ensure access to her is abundant for the attendees.

Suzanne finds after every talk many of the audience members have extensive one on one questions to ask, and she ensures every person gets some time with her. In many ways, a keynote is the start of most of her relationships. A great way to taste the depth and knowledge of Suzanne's field of expertise before diving deeper into leadership change and development!



The Gritty Gaps of Change: how to navigate human resistance

1

Change is inevitable we all know that. So why do people in organisations have such a hard time with it?

The human process of change can be a tricky one, mostly because there are emotions involved (there I said it; emotions). From the time we are born to now, our current age, we are collecting beliefs and creating meaning, then storing them deeply below our conscious awareness. This means we have inherent opinions and preferred ways of doing things at work and in life (motivation).

When a change is thrust upon us, we need to access the sometimes 'gritty gaps' of change, which is uncertain, uncomfortable or fraught with possible doom (well it could be true!)

This keynote tends to induce a kind of reality check for the people listening, and gives permission to think and talk about what they really need to do and ask in order to get alignment with their people - not just the bog standard change process tick and flick, the real human element that gets in-between the structured change processes and deals with the reality of internal resistance. If you're willing to go there, the rewards produce faster, more effective and enthusiastic people on your side creating waves of change (with the odd person still perhaps not convinced...)



People who get the most out of this keynote are: senior leaders embarking on major change, human resources and OD gurus, technical change and project managers

This keynote explores

- the art of airing sceptical thoughts and feelings with others (scepticism is basically validating thought or seeking evidence, not such a dirty word).
- Assessing the emotion of the people involved in the change (whether we like or not they feel something).
- How to do an ecology check to see wherein lies the fears, beliefs and uncertainty of the upcoming change of the people you lead.



(This keynote is best scheduled at the beginning of the day, not only because Suzanne is funny and has high energy - a great way to start any day - because it provokes critical thinking and a sense of open reality that supports deeper learning and consideration from the next talks and activities).

The Impact of Genuine: how to be a leader without masks



It's important to note straight away that some masks are important. We do need social filters to ensure that we don't tell someone what we really think in a way that instigates a career-limiting move! Though most of the masks leaders tend to wear are ones that could use an overhaul and quite frankly could get rid of.

Imposter syndrome and awkwardly trying to fit in the workplace, or operating from over inflated egos to struggling to feel a sense of confidence, can be contributing factors to masks. There could be lack of self-awareness, not knowing own standards, and being unclear about work or life direction and purpose. All of which contributes to growing mistrust, micro/macro management and poor culture. This very cleverly designed keynote starts quite personally with the story of why disingenuous happens.

Suzanne reveals a brief history of teenage homelessness and the kindness of a stranger who altered her life path. In the practical elements of the keynote, Suzanne unpacks some very funny and learnable lessons about what genuine really means and how she got into a fair amount of trouble being disingenuous with a former team member. Suzanne will further explore reasons that genuine leadership is SO much quicker and easier than being the 'fake it 'til you make' it style.



People who get the most out of this keynote are: just about everyone! to be more specific think anyone who influences, interacts, negotiates and leads...

If you want your leaders to experience a thought provoking talk that increases their genuine leadership style this is the flagship keynote that will appeal to them, to be who they are.



(This keynote is best scheduled as the first talk of the day. Suzanne is very highly energetic and provides a feeling in the room of permission to interact. Because this keynote is deep it sets the tone for the audience to be who they are and gives permission to open up for the rest of the day).

Levelling Up: how to create significance & lead with impact



As careers grow and develop, senior leaders take on broader visions that often include obtaining responsibility for multiple divisions across the globe. Most leaders at this level have been through all the psychometric tools possible and settled into their leadership style.

At this stage they require a new and focussed personal insight that sustains their additional responsibility and effectiveness when their career levels up. These leaders often naturally move to a lead beyond self approach to leadership, recognising the societal impact of their work and search for a way to increase their own personal insight in order to reach further and meaningfully and impact their people, the community in a way that requires depth and significance.

Uncovering an unusual view on this style of leadership in action, Suzanne spent one year deep in research resulting in a model of excellence, which promotes how to move from intention to action and within that, become a leader worth following in a significant way. Suzanne interviewed poignant givers and change makers in our society. In this keynote she reveals the 3 major aspects of the model to anyone who is interested in leading beyond themselves and with significance.



People who get the most out of this keynote are: Global thinkers, leaders, executives and CEO's with significant and widespread responsibility, worldwide change makers.

This unique piece of research reveals a deep level of leadership that enables significant change. The keynote/masterclass is for leaders who know that their own sense of self carries the weight and influences massive change.

It explores:

- * Self-efficacy
- * Societal Concern
- * Leading Change
- * Pro-Social Leadership



(This keynote is suited for both a keynote and master class. It is suggested that the master class follow the keynote in order.)



You want to see Suzanne in action?

A little something I prepared earlier...



More video? OK!



MC

Conference Facilitator

A conference facilitator is more than the traditional master of ceremonies (MC). It's a role, which goes beyond someone who simply introduces the next speaker with quirky anecdotes! This role can make or break an event.

An outstanding conference facilitator can deliver keynotes, run sessions and streams. They will have extensive experience in large audience management and will facilitate deeper learning and interaction for the whole event.

Suzanne's expertise in behavioural change expands to managing hundreds of people from stage in line with the organiser's expectations. She engages with the audience enhancing their experience from the moment she steps on stage. Her upbeat and very engaging presence attracts many positive comments from the audience.



For more on this subject, shoot over to the website and get more information

[*CLICK HERE*](#)

The page outlines

- Consultation before the event
- Easy to work with (no diva please)
- Communication Skills & Humour
- Briefing Speakers
- Managing Time
- Gives Advice
- Leading Panel Discussions
- Covering Emergencies
- High Energy all Day
- Can cope with Fast Change
- Liaising with AV team
- Linking Key Messages

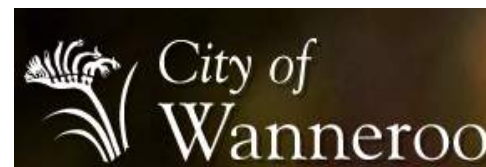
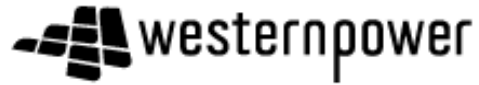




MC SHOWREEL



Those who have walked the path...

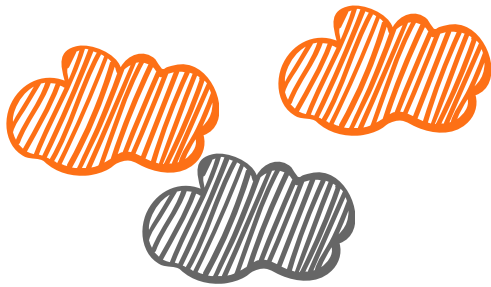




WORKSHOPS

LET THE LEARNING BEGIN!





Workshops

0.5-2 days

Workshops take the learning that much further and deeper. Building on the keynote concepts and principles, Suzanne goes further into her content and leads the participants into their own experience of change.

The workshops can be designed from half a day through to two full days, depending on the business needs, capacity and appetite. It's safe to say, the longer you go the more change occurs. Suzanne is a very experienced facilitator and prefers the method of facilitation mixed in with training.

She understands from her behavioural change expertise what it takes to engage and illuminate people during the learning process, and designs very carefully the elements of any workshop to ensure learning outcomes are worthwhile.

All of Suzanne's workshops have a very clear framework and content base, though as with the keynotes Suzanne will always customise based on the need of the group. In line with the business needs, Suzanne will factor in the participant's wants and ensure the time they have together is meaningful. Suzanne has found the art of co-designing with the group before they start the workshop creates a very quick level of trust and surety of appropriate content.



Workshops

(cont'd)

Suzanne prefers to encourage the learner to self manage their learning system and unusually does not provide a huge array of pre-printed workbooks or hand-outs (there are some but less than usual). She encourages people to write, draw and capture their learning the way that suits them. All materials are provided to do this.

The workshops are extremely experiential. Designed to involve all the senses, they invoke energy, reflection, emotion, knowledge and a sense of shifting. The variety of learning methods include some many activities to assist the individual to fully learn and experience new concepts of self, leadership and change.

Suzanne is often complimented on the quality of the materials that the participants get to use and keep from the day! Suzanne recommends some workshops to be held off site to remove triggers from the workplace if there are complex dynamics for the group involved. Though she regularly holds workshops on client site if suitable for the group.

Suzanne did an amazing job building the skills and confidence of R U OK?'s Community Ambassadors at our inaugural forum in February 2016. Suzanne facilitated an engaging and interactive workshop and left everyone feeling empowered and more ready than ever to spread the important message of R U OK? I can't wait to put what I've learned into practice!

Brendan Maher CEO of R U OK?



This workshop follows on from the keynote and further explores human emotions during change. The following outline is the 2-day version. Split into four distinct experiences this workshop starts with resistance in action via an experience that uncovers how influential internal dialogue can be when encountering change. This is a high energy and very enlightening experience, which uncovers how emotions quickly inhibit change, even when it's not consciously recognised.



The groups will be asked to create a future dream, (relevant to the context of their workplace) a change that will be deemed controversial, hard or challenging. Then, using the principles of Disney's creative strategy the participants will uncover roles such as dreamer, realist and critic. They will also learn tools such as delineated thinking processes, opening to change and will come to understand perceptual positions (different points of perspective).



In communicating the new change to others, the participants will explore well-formed outcomes, and how to do ecology checks that uncover others resistance, and create buy in and rapport through change. They will experience the powerful neuro-logical levels of change process and the depth of change requirements in the human psyche. In the final exhilarating experience the group will put into practice, the tools and insights learned and create a final debate, which will uncover inherent motivational convincer patterns and really address in action, why change initiatives can fail if humans resist!

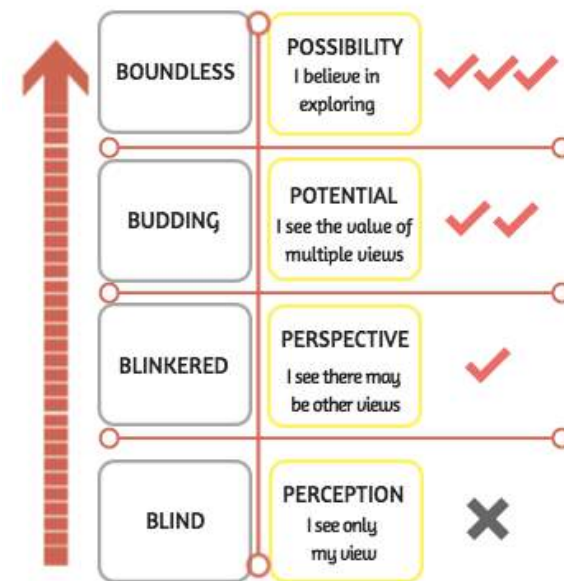


Ultimately, though this entire experiential time together, senior leaders will leave with a deep understanding of how humans react and to navigate that reaction with tolerance, confidently and productively.

WORKSHOP

The Gritty Gaps of Change:

how to navigate human resistance



Opening to Change Model

This workshop follows on from the keynote and further explores self-leadership in action, from the human perspective. The following outline is the 2-day version. The workshop uncovers moving through stages of self-development to positively affect leadership and business outcomes. This workshop explores 4 critical stages of self-development and 4 stages of leadership development that enables the leader to become completely effective by leading from a genuine perspective.



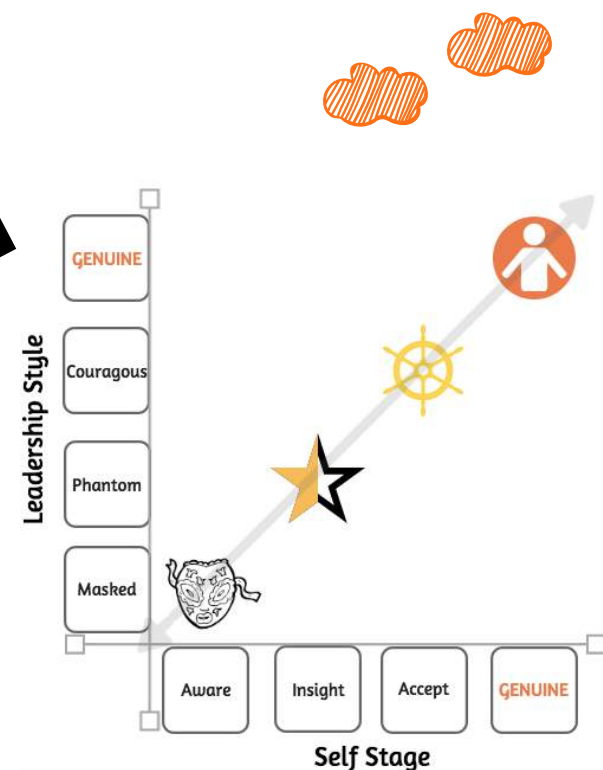
When leaders lead other leaders or technical specialists many report feeling a loss of control of the direct results in the business. The likelihood of increased misunderstandings and lack of guidance of the vision can diminish due to the sense of distance. Getting to the core of self in leadership increases the chances of genuine leadership, whereby senior leaders come back to their own values, influence and trust which impacts the people looking to them. Creating an empowering, trusting culture first comes from ones own sense of self confidence.



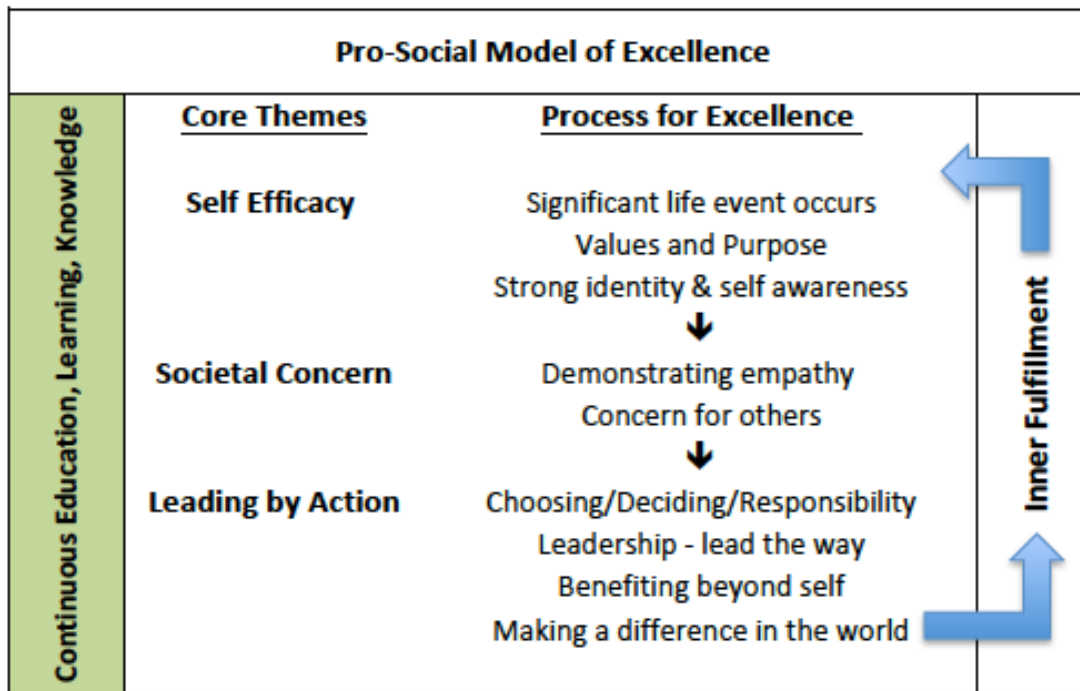
This workshop delves into a deeper understanding of the participant's intentions as a leader, their inherent motivation and attitude towards leadership (using the iWAM tool), their sense of self, values, beliefs and purpose. Then expands to external communication styles, use of language to influence, emotional intelligence and finding their own genuine way of leading, with conviction and confidence. The model on the right, shows the stages of leadership and self that will be explored.

WORKSHOP

The Impact of Genuine: how to be a leader without masks



Ultimately, though this entire experiential time together, senior leaders will leave with understanding how masks inhibit, and how to genuinely lead others through strength of character and a grounded sense of self.



This masterclass is designed to incite change at the deepest level with people who are leading the next level of change. An intensive format over 1 day is ideal for post conference deep dives, or workplace groups coming together in a master mind fashion. Providing space for internal inquiry, self reflection coupled with thought provoking research from Suzanne's masters degree thesis, this masterclass shares what it takes to lead beyond self, in a way that impacts social change, organisational culture and in a way that is congruent to ones own life purpose. Suggested additional one on one time with Suzanne.

MASTERCLASS + 1:1 Levelling Up: how to create significance & lead with impact

Research conducted with:
A burns specialist, human rights lawyer, british army major, MD of resources company, activist of preventing sexual trafficking, CEO of homeless food provider and prostate cancer charity bike ride founder. You get to learn from their experiences and how they all followed the EXACT same process to achieve significant outcomes and impact.



Big thinkers, change makers and those with great responsibility will leave learning from significant change makers as Suzanne enpacks in detail what it takes within self, to lead great change.

WORKSHOP

Influence your Audience: skills for speaking & presenting



Suited for people who lead meetings, present to management, executive, boards. Speak at conferences or industry events. A practical and highly interactive presentations skills workshop. This course is about leading a group of people to an outcome, decision or idea agreement. Essential for any leader required to present and gain traction with others.



This is about more than just presenting, this course is about communicating and influencing. Focusing on the true essence of leading an outcome. Whether that be a discussion, decision, thought, feeling or action for multiple size groups. Influence is about knowing that you are leading towards an outcome and skillfully bringing others to a conclusion. This course teaches you HOW.



Over 1 full day, practice: Preparing for presenting or speaking, design content structure, understanding your affect and influence, build rapport with any group size as quickly as possible, using words and movements to engage the group, read group energy and adapt, use the framework: Frame – Intention - Outcome, managing own emotions and mindset, handling nerves and uncover why they exist, build confidence & be genuine, ditch the notes and finally lots of PRACTICE and FEEDBACK in action!

'Suzanne was an excellent person to lead a course on communication. Making everyone feel validated in their concerns and offering useful tools to help improve communicating to large & small groups.' 'If you have an important upcoming talk to give, spend time with Suzanne, it will do you wonders. Suzanne is so genuine.' TPG Heritage



This is highly a experiential workshop. All learning is achieved through practice & feedback in action. With many activities in the day the group will shed their fears & communicate with genuine ability to connect to their audience (whoever that may be)



IN-DEPTH SERIES

SENIOR

LEADERSHIP

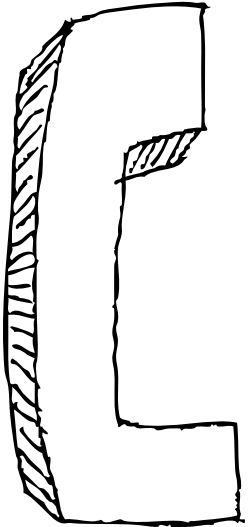
TEAM COHESION

PROGRAMS





for the love of facilitation...

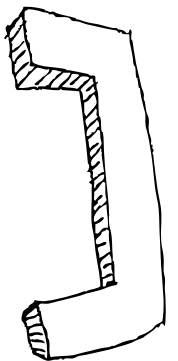


'I was recently part of a global company restructure and I approached Suzanne to help me through this period of transition. My challenge was to combine two senior leadership teams in different locations, each affected by their own organisational changes and lead one aligned Australian team with no disruption to performance output. I knew what I wanted to do but didn't quite know how to approach the myriad of human factors and competing priorities that might turn an opportunity into an operational disaster.

Suzanne's coaching skills helped me both personally and professionally. My coaching sessions with her were supportive and designed to help me uncover the answers by often looking within. Once we had established my personal and professional goals and made adjustments to my leadership style, Suzanne then facilitated meetings with my new team where we were able to talk about our challenges honestly and set our own team expectations with regards to values and behaviors.

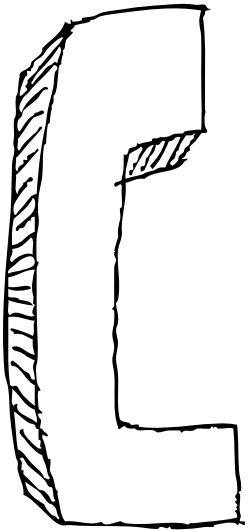
My new team is now settled and operating in a mode that is required for future success. Alignment, trust and commitment to helping each other are key factors to our new way of working together. These behaviors have not only helped us through a difficult transition but are now resulting in new business performance highs, all in a much shorter time period than I imagined. Thank you Suzanne, your guidance has been invaluable.'

Russell Austin General Manager Australia, Tronox





for the love of facilitation...



'I asked Suzanne to facilitate some meetings for a group of senior leaders who were all coming together to form a new partnership. The group had representatives from 8 different organisations, with 8 different agendas. Suzanne did a great job of facilitating these discussions through the storming/norming/forming stage.

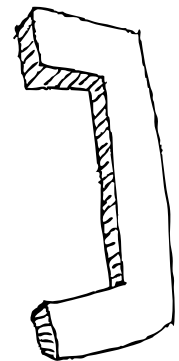
She always maintained a strong focus on the outcomes and objectives, while also ensuring that a level of positive energy and collaboration was achieved. Suzanne has strong active listening and questioning skills, as well as an effectively disarming manner!'

Craig Spencer Head of Community, Bankwest



'Suzanne is an absolute dynamo whether it be one on one, in the classroom or fronting a large conference group. Her energy is infectious and her ability to engage and challenge means she always draws the most from participants.'

Libby Atkins Manager, Dept. of Housing



Why facilitation?

Using facilitation is such an effective process to bring a group of people together, to test assumptions, thinking and realities that promotes positive inclusive engagement.

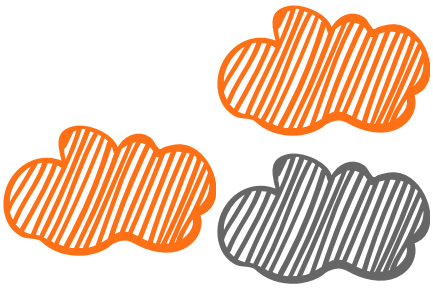
The aim for the facilitator is to build rapport and build trust as quickly as possible, in order to uncover unspoken and often difficult notions that need to be communicated openly. Ultimately to then leave the group with an agreed desired outcome that is clear and actionable.

Facilitation focuses on creating the environment for dialogue. It focuses on processes for clarifying and making decisions as a group. The group typically will do the work; the facilitator will engage them to be able to do so.

During facilitation, adult learning and experiential learning principles apply. As with all executive group facilitation, the session is focused on helping all the team members change their own team dynamics.



'Suzanne Waldron is a professionally qualified master coach and facilitator, and holds a masters degree in applied coaching. She specialises in human behavioural change. Suzanne uses ontological methods, which engage people quickly; with the feeling of being valued and included in the process. This enables Suzanne to move groups of people to a resourceful state quickly – ready to solve problems effectively.



Ideal for a new senior or executive team ready to forward focus, or for existing teams who experience poor team dynamics

Series

3-10 days

This is where we deep dive! What I'm about to share with you creates cohesion. Not only honing personal leadership sense, this program calls upon leaders to navigate and explore each others standards, behaviours and expectations.

This series of programs are facilitated through discussion, activity and experience to bring individuals into a cohesive team.

An interesting reflection from leaders or human resources people who engage these programs, actually express that they feel relief when finished. Relief, because of the high level of cohesion, collaboration and honesty that occurs within the leadership team during their time together.

So much emotion and misunderstanding happens in teams who don't have each other's backs, or who haven't yet set expectations together, and who needs that? In this series of programs the focus puts the *who* before the *what*. Many senior leadership teams are very aware and competent in their strategy (the *what*) yet do not spend time to set expectations with each other, say what they mean and accept the differences in the team from a humanistic perspective.

Since we are emotional, neuro-chemical beings, it's essential to focus on the *who* in the team. After all, the *who* drives the *what*. All three parts of this longer program can be held in isolation of each other, though when run together and in order the development change for leaders makes significant impact. Further details can be provided outside of this document.

Series Overview

FORWARD FOCUS

Suited for leadership teams in corporate or business settings, who are committed to building further cohesion and agreed direction. Includes a 3 part facilitation process to help one and all say what they mean and build tolerance.

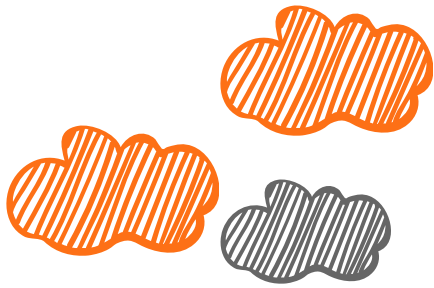
CREATIVELY CURIOUS

A highly creative and problem solving experience that really tests the teams new found cohesion. Choose from 3 extremely unique and unusual experiences to put it all into practice.

LEADING BETWEEN THE LINES

A 3 month project based integration program that puts learning into action. Group and one on one coaching & updates on workplace projects. This cements the learning into the leadership team DNA.





Forward Focus Facilitation Program (3 days over spread 3 weeks)

First things first.
Cohesion.

METHODOLOGY

Suzanne uses ontological methods, which engage people quickly; with the feeling of being valued and included in the process.

This enables Suzanne to move groups of people to a resourceful state quickly – ready to solve problems effectively.

Suited for leadership teams in corporate or business settings, who are committed to building further cohesion and agreed direction.

Explore ‘how and who’ each individual will be and create a common language and understanding of the time ahead as a team, relating to business goals.

Understand the dynamics of teams and change, how to recognise the human signs and reactions.

Understand responses to change at work and how to handle the process both personally, professionally and as a team.

Build new ways and approaches to leadership in a peer group Increase understanding of strengths and differences in self and those around you.

Create an agreed approach in working together.

Say what you mean & increase trust with each other.



The stages...

Discovery 1 (4 hours)	Discovery 2 (2 hours)	Workshop (7.5 hours)
The facilitator will spend four hours in the workplace understanding the team roles, individually discussing their needs within the team and gathering feedback to ensure the final day workshop delivers with impact.	Now the team are familiar with the Forward Focus workshop, as a group they will follow a facilitator led model to discuss any areas of growth that is needed as a group and identify strengths to enhance. This will further enhance buy in and readiness for the full day with pre-work and pre-thinking achieved. Any issues are likely to be uncovered here that can be understood before the full day.	A full day workshop that includes high activity sessions to fully plan the next 12 months approach through teamwork. The day will incorporate the theme of change and connection through team whereby the group will go through a cohesive process to unite and connect them ready for the time ahead. Agreed behaviours will be defined and clear before the days end.

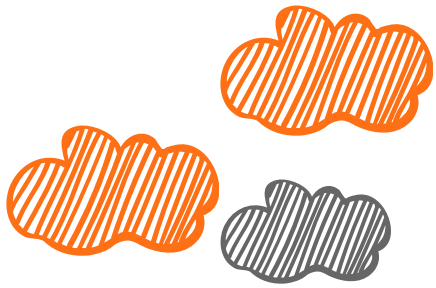
OPTIONAL: One on One Sessions for key leader (3 single hours)

During and post the group process, it is essential to have a reflective space for the leader to unpack the process. Three confidential sessions are included to spend time with Suzanne to review observations, learning's and any gaps or concerns.

The one on one sessions will conclude with an action plan for continuation of the agreements from the team and how to ensure the leader can support and sustain support for the senior team. It is essentially an action oriented longevity process following on from the group work.

HEAR SUZANNE SPEAK ABOUT WHY FORWARD FOCUS IN SENIOR LEADERSHIP TEAMS IS IMPORTANT





Practice makes...
progress.

The day is designed to provide an environment of logic, emotion, design, creativity, problem solving, communication and above all enjoyment together.

You can choose from 2 different activities that really test the team.

Creatively Curious Program

Putting cohesion into practice (1 day)

A perfect add on following on from Forward Focus, this workshop is about as creative as you can get.

Putting cohesion, tolerance, respect and trust into practice is important. This workshop gives the senior leadership team an opportunity to really problem solve and test their limits with each other, in the most creative way.

Available Challenges

Choreograph a contemporary dance
or
design a stand up routine!

**note the participants do not have to dance or tell jokes, they are the DESIGNERS of the performance!*



Creatively Curious Program how it works

Meet Rachel, a dance teacher with lots of patience and passion for her craft!



Meet Bonnie, an award winning comedian who teaches how to tell an awesome joke!



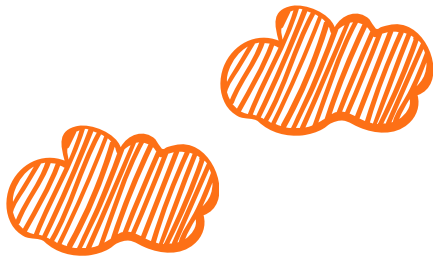
LEARN: your teacher (either Rachel or Bonnie depending on who you choose) will teach the fundamentals of their craft. They are skilled teachers and will really delve into how to create a brilliant performance. Mostly theory and demonstration to show how they design their performances.

DESIGN: the team will then have several hours to design, create, explore and check back in with their teacher and Suzanne whilst they stretch their minds and get the creative juices flowing. Imagine the discussion...

TEACH: the team will teach their teacher the final performance ready for the final act (anyone feeling more sorry for the teacher now?!). The teacher will then perform based on the design from the team. This will be taped and available to take back to work to do with what you will! Imagine what will happen...

DEBRIEF: as with any activity the best lessons are in the debrief. Suzanne will take the group through an intensive debrief having experienced their differing levels of learning and reaction throughout the task. Relating back to accepting difference, trust, tolerance and communication styles within the leadership team, the team will assess their own emotions and connections with each other to take back the learnings to the workplace.





Leading Between the Lines Project (5 days over 3 months)

Practice makes...
Permanent.

Much of Suzanne's research has been in understanding how humans move from intention to action and then completion. She likes to get things done and move others to do the same via excellent communication and self-efficacy!



Leading between the lines is an on the job based project post learning.

SCOPE

The senior leadership team will complete a self directed project over several months based on their learnings throughout any program completed with Suzanne. The learnings can also be from other providers from recent times as the project seeks to integrate all learnings and move thinking into action regardless of who ran the workshops!

The project idea will fit into the business objectives and fall in line with current needs of the business. The project usually has a full day set up with scoping the project, setting parameters, expectations and time frames. Suzanne then visits on site for 4 days spread over 3 months to spend time in a group coaching framework - that also includes one on one time for advisory.

This project requires a detailed scope based on business needs and the team required outcomes. Suzanne will discuss and provide a specific personalised statement of work for this program upon a discovery session with you.



Thanks for reading.
Get in touch!

There's a lot to digest. I'd be honoured to talk in more detail about what you are looking to achieve. Here are my personal contact details.

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