



# HEALING BLANKET WORKSHOP FOR WOMEN

**Monday January 12, 5pm - 7pm**

Join us to make a tie blanket infused with healing and affirmation.

Light refreshments and goodies will be provided.

Space is limited.

**To register or for more information contact:**

Michelle Kehoe, Urban Aboriginal Healthy Living  
Coordinator  
Or, Clarice Gervais, Aboriginal Community Mental  
Health Coordinator  
Métis Nation of Ontario  
629 Division Street  
Kingston, ON, K7K 4B7  
Ph: 613-549-1674

Programs and services are open and available to all  
Aboriginal people of the Kingston community.

\*Production of this has been made possible through  
a financial contribution from the Ontario Federation of  
Indigenous Friendship Centres



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