

First Annual Aboriginal Day

5 km FUN Run!!

Tuesday, June 21st, 2016

Registration 8:00am / Run Start 8:30am

Start/Finish at Tsi Tkeritoton Park

BEGINNERS WELCOME!! Ages 13+



Stay afterwards for Aboriginal Day parade & celebrations

New to running? Need help training?

Join Sonya Maracle, PTS, PFS at Tyendinaga Fitness Resource
Centre for a 6 week beginners learn to run program ending

June 21st! (613) 962-2822

For more fun run information contact TTO