



**MÉTIS NATION OF ONTARIO
COMMUNITY SERVICE**

CIRCLES SUPPORTING MENTAL HEALTH & FAMILY STRESSOR

LUNCH & LEARN

12:00 noon -1:30pm Thursday, August 28
Métis Nation of Ontario Kingston office,
629 Division Street, Kingston

Special Guest Speaker:

Shelley Udall, Community Counsellor for Pathways Children & Youth.

Presentation on managing behaviour in children, and household family stress in preparation for the coming school year!

For more information and to register please contact:

Elizabeth Peterson
MNO Aboriginal Healthy Babies Healthy Children Coordinator

Or contact Clarice Gervais,
MNO Aboriginal Community Mental Health Support Coordinator

Métis Nation of Ontario
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