

Seven Grandfather Teachings

Wisdom

Representing wisdom is the Beaver because of its ability to positively impact the environment and create a more sustainable world. It utilizes its gifts to promote wellness for itself and its family. Wisdom is gained through life's experiences and knowledge passed on through the generations. Wisdom can be gained through hardship and pain, as long as we continue to hold our head high enough to see the light at the end of the darkness. Having wisdom means knowing and applying these teachings to our daily life, knowing right from wrong and respecting yourself enough to confront, face and challenge life/the world.

Truth

Truth is represented by the Turtle. The turtle is one of the oldest animals. The Turtle is grounded, careful and attentive, which are important qualities for those who speak the truth. Truth means knowing the seven grandfather teachings and living by them. It means looking deep within ourselves and accepting what is, what has been and still reaching for what is coming. It is about being proud and confident in what we know, who we are and where we have been.