

Kingston's National Aboriginal Day Festival Committee Presents:

ADDING TO ONE'S BASKET: INDIGENOUS HOLISTIC APPROACHES IN HELPING

This workshop invites both Indigenous and non-Indigenous helpers to look deeply into their practice in order to build on what they already know and open themselves up to new knowledge in the area of anti-violence work. Although the workshop is geared towards working with Indigenous women, it will offer approaches to helping that are applicable to all people. It offers ideas and tools to add to one's basket of helping and healing methods such as: Broadening one's perspective to see women in a holistic and inclusive way Including families, communities and natural helpers in one's work Understanding how the impacts of colonization are connected to today's realities for Indigenous women Becoming a reflective and reflexive practitioner Exploring ways to decolonize one's practice through "cultural safety" The workshop will include both a presentation by the facilitator and interactive exercises for participants to integrate their learning.



Dr.
Cyndy
Baskin,

Mi'kmaq and
Celtic Nations,
Associate
Professor, School
of Social Work,
Ryerson
University

JUNE 20TH, 2014

LOCATION:
KINGSTON
FRONTENAC

130 JOHNSON ST.
KINGSTON, ON
WILSON ROOM 2ND
FLOOR

9:15AM – 2 :30PM
WITH A WORKING
LUNCH

LIGHT LUNCH AND
SNACKS WILL BE
PROVIDED

NAME:

ORGANIZATION/AGENCY:

WORKSHOP FEE \$50.00: (PRE-PAID) _____ OR (PAID ON SITE) _____

PAID BY: CASH _____ OR BY
CHEQUE _____

PLEASE MAIL
REGISTRATION TO:

NAD WORKSHOP
c/o HARS
844A Princess Street
Kingston, ON
K7L 1G5

For more
information:
Call: 613-545-3698
Deb Kinder



*Many thanks from the NAD committee:
Jolie Brant, Georgina Riel, Deb Kinder*