

I Like Who I Am

- written by Tara White, illustrated by Lee Claremont

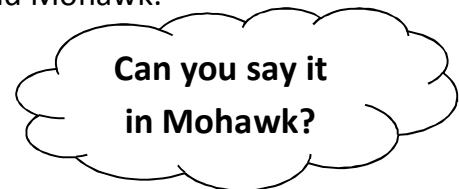
A beautifully illustrated story ideal for helping older preschoolers and school-aged children explore concepts of bullying and belonging. This is the story of a young Mohawk girl who is teased by her classmates based on her physical appearance. Her great-grandmother helps her to take action against bullies and appreciate her value and culture.

Available at: <http://www.amazon.ca/I-Like-Who-Am/dp/1894778634>

Early Learning Program Ideas:

I Am Book: Children create books filled with positive affirmations. Each page starts with *I am* (helpful, caring, a friend, good at dancing etc). In addition to what a child says about themselves, other children should be encouraged to add to their friend's books. Younger children can be encouraged to draw a picture, dictate a story and have an adult write their story down. Invite children to number their book pages. Provide a model for copying numerals, and number words in both English and Mohawk.

<u>English</u>	<u>English</u>	<u>Mohawk</u>	<u>Phonetics</u>
1	One	Énska	Un-s-gah
2	Two	Tékeni	Day-gun-knee
3	Three	Ahsen	Ah-sun
4	Four	Kayé:ri	Guy-yay-ree
5	Five	Wísk	Wisk
6	Six	Yá:ya'k	Yi-yuk
7	Seven	Tsyá:ta	Jaw-dah
8	Eight	Sha'té:kon	Sat-day-goon
9	Nine	Tyóhton	Joe-t-doon
10	Ten	Oyé:ri	Oh-yay-ree





Mirror Me: Draw a hand mirror on cardstock (or download a free template) and have the children cut it out. After looking in a real mirror, children draw what they look like (blond hair, brown eyes...). Use these mirrors to talk about what characteristics the children have in common. Store the mirrors in the dramatic play area for use by all the children.

Songs and music are important to First Nations culture. Songs come from dreams and from nature and often express an appreciation for life. Each song has a purpose. The sound of the drum represents the heartbeat of Mother Earth. When we hear the sound we become centered and balanced. Drums are sacred, and First Nations peoples have worked hard to preserve their traditional songs and ceremonies.

Songs that build positive attitudes and self-esteem and help children deal with adversity. <http://www.songsforteaching.com/positiveattitudes.htm>

Homemade Drums: Watch this tutorial to make a packing tape drum: <https://www.youtube.com/watch?v=-COHNyFTOnc> Invite children to bring a suitable drum shell from home or work together as a group to make a classroom drum. Children can take turns beating the drum while others move creatively to the beat.



Classroom Friends: In the story we discover that the main character Celina likes to dance the Iroquois Smoke Dance. What do your children like to do? Make class pictures with the children inviting them to print their name and record what they like.

Free printable resources: *No Bullying* badges, stickers, certificates, posters, bookmarks and more!
<http://www.kidscanhavefun.com/anti-bullying-activities.htm>

Prevnet: Canada's authority on research and resources for bullying prevention. Suggested books, videos, tip sheets and more are available on this website.
<http://www.prevnet.ca/>

**I AM AS MY CREATOR
MADE ME AND SINCE
HE IS SATISFIED, SO AM
I.**