


April 2015



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><u>Staff / Programs</u></p> <p>ELIZABETH PETERSON Aboriginal Healthy Babies Healthy Children (AHBHC) Prenatal-6yrs</p> <p>JOIE OUDERKIRK Community Action Program for Children (CAPC) 0-6yrs</p>			<p>1</p> <p>Drop-in 9-12</p> <p>Easter Egg Hunt 10-12</p>	<p>2</p> <p>Playgroup 9-12</p> <p>Parents, Pots & Pans 10:30-1</p>	<p>3</p> <p>Good Friday</p> <p>Office Closed</p>	<p>4</p> 
<p>JESSIE PENGELLY Canada Prenatal Nutrition Program (CPNP) Prenatal-6mo.</p> <p>*All of our programs are FREE and unless otherwise stated are held at:</p>	<p>6</p> <p>Easter Monday</p> <p>Office Closed</p>	<p>7</p> <p>Breakfast Club 9-11</p> <p>Sucker Moon Dinner 5-7</p>	<p>8</p> <p>Story Time 10-12</p> <p>Wellness Workshop 2-4</p>	<p>9</p> <p>Playgroup 9-12</p> <p>Learn to Stitch 1-4</p>	<p>10</p> <p>Strollercise 10-11</p> <p>Healthy Cooking 12-2</p>	<p>11</p>
<p>MNO Kingston 629 Division Street Kingston ON K7K 4B7</p> <p>Bus Route 2 & 18</p> <p>For more details please contact the program coordinators at 613.549.1674</p>	<p>13</p> <p>Play Lodge 9-12</p> <p>Meal Prep Monday 10-12</p>	<p>14</p> <p>Breakfast Club 9-11</p>	<p>15</p> <p>Drop-in 9-12</p> <p>Baby Food Making 12-3</p> <p>Beading 1-3 @ Elizabeth Fry Society</p>	<p>16</p> <p>Playgroup 9-12</p> <p>Parents, Pots & Pans 10:30-1</p>	<p>17</p> <p>Healthy Cooking 12-2</p>	<p>18</p>
	<p>20</p> <p>Play Lodge 9-12</p> <p>Meal Prep Monday 10-12</p>	<p>21</p> <p>Breakfast Club 9-11</p>	<p>22</p> <p>Story Time 10-12</p> <p>Drop-in 9-12</p> <p>Healing Blankets 5-7</p>	<p>23</p> <p>Playgroup 9-12</p> <p>Learn to Stitch 1-4</p>	<p>24</p> <p>Strollercise 10-11</p> <p>Healthy Cooking 12-2</p>	<p>25</p>
	<p>27</p> <p>Clothing Exchange 9-12</p> <p>Meal Prep Monday 10-12</p>	<p>28</p> <p>Breakfast Club 9-11</p> <p>Vision Board Making 1:30-3:30</p> <p>Earth Day Dinner 5-7</p>	<p>29</p> <p>Drop-in 9-12</p>	<p>30</p> <p>Playgroup 9-12</p> <p>Community Garden Planning Meeting & Volunteer Registration 4:30-7:30</p>		

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><u>Staff / Programs</u></p> <p>JYTTE COOPER Akwe:go 7-12yrs</p> <p>(Please call for more information on the Akwe:go programs and activities)</p>			<p>1</p> <p>Open Support Circle 3-4:30</p>	<p>2</p> <p>Homework Club 2:30-4:30</p>	<p>3</p> <p>Good Friday Office Closed</p>	<p>4</p> 
<p>MICHELLE KEHOE Urban Aboriginal Healthy Living (UAHL)</p> <p>SAMANTHA ALKENBRACK Wasa-Nabin 13-18yrs</p>	<p>6</p> <p>Easter Monday Office Closed</p>	<p>7</p> <p>Akwe:go Circle 2:30-8</p>	<p>8</p> <p>Open Support Circle 3-4:30</p>	<p>9</p> <p>Homework Club 2:30-4:30 Youth Council Meeting 3-4:30</p>	<p>10</p>	<p>11</p>
<p>CLARICE GERVAIS Aboriginal Community Mental Health (ACMH)</p> <p>BRITTANY MARACLE Life Long Care (LLC)</p>	<p>13</p> <p>Homework Club 3-4:30</p>	<p>14</p> <p>Akwe:go Circle 2:30-8</p>	<p>15</p> <p>Open Support Circle 3-4:30</p>	<p>16</p> <p>Homework Club 2:30-4:30 Book Club 3-4:30</p>	<p>17</p>	<p>18</p>
<p>*All of our programs are FREE and unless otherwise stated are held at:</p> <p>MNO Kingston 629 Division Street Kingston ON K7K 4B7</p> <p>Bus Route 2 & 18</p> <p>For more details please contact the program coordinators at 613.549.1674</p>	<p>20</p>	<p>21</p> <p>Akwe:go Circle 2:30-8</p>	<p>22</p> <p>Open Support Circle 3-4:30 Healing Blankets 5-7</p>	<p>23</p> <p>Homework Club 2:30-4:30 Book Club 3-4:30</p>	<p>24</p> <p>Family Meal and Games Night 5-8:30</p>	<p>25</p>
	<p>27</p>	<p>28</p> <p>Akwe:go Circle 2:30-8</p>	<p>29</p> <p>Youth Cooking 3-4:30</p>	<p>30</p> <p>Homework Club 2:30-4:30 Book Club 3-4:30</p>		