

[Product Picks for Insomnia]

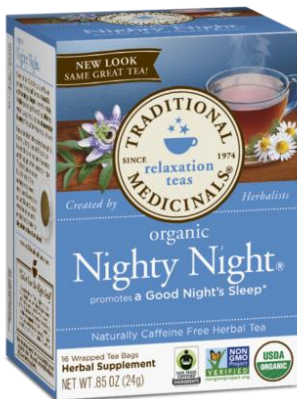
[Magnesium Flakes](#)



[Sleep Balm](#)



[Nighty Night Tea](#)



[Herbal Sleep Pillow](#)



[Himalayan Salt Lamp](#)



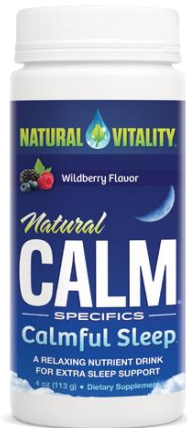
[Sleepy Nights Herbal Sleep Aid](#)



Sleep & Meditation Apps



Calmful Sleep



Calms Forte



Chocolate with Sleep



Pillow Potion



Magnesium Oil Night Spray

